

PSHE and Relationship and Sex Education

Updated post pandemic

What is the difference between RSE and PSHE?

From the academic year 2020/21 RSE will become statutory for all children, whilst PSHE remains non-statutory, although it is recommended that RSE is taught within the wider PSHE curriculum. The guidance for RSE does not cover everything needed for a well covered PSHE curriculum, so if asked the question **has RSE replaced PSHE** – RSE should be part of PSHE, not instead of.

What does the Church of England Education Office say about RSE?

In Church of England schools, and in all schools, we want young people to flourish and to gain every opportunity to live fulfilled lives.

For Church schools, RSE is about the emotional, social and physical aspects of growing up... it is also about the spiritual and moral aspects of relationships within a context of a Christian vision for the purpose of life.

RSE ensures children are able to cherish themselves and others as unique and wonderfully made and to form healthy relationships where they respect and offer dignity to others.

Valuing All God's Children, Church of England 2017 p12

“Children should be at liberty to explore the possibilities of who they might be without judgement or derision. For example, a child may choose the tutu, princess's tiara and heels and/or the firefighter's helmet, tool belt and superhero cloak without expectation or comment. Childhood has a sacred space for creative self-imagining.”

What the church says:

“We must avoid, at all costs, diminishing the dignity of any individual to a stereotype or a problem. Church of England schools offer a community where everyone is a person known and loved by God, supported to know their intrinsic value.”

(Valuing All God’s Children, Church of England 2017, Foreward by The Most Revd and Rt Hon Justin Welby, Archbishop of Canterbury)

The SIAMS Schedule asks

Does the school have an approach to relationships and sex education that ensures children are able to cherish themselves and others as unique and wonderfully made and to form healthy relationships where they respect and offer dignity to others?

(as a church school we have a 'SIAMS' inspection every 5 years)

What is the point of RSE?

It will help children to:

- Gain knowledge, skills and confidence to make their own positive, healthy and safe choices
- Develop their own values, attitudes and opinions
- Care for themselves
- Develop resilience, bounce back
- Get help if they need it
- RESPECT themselves and others

Children will learn about:

- Family and people who care for me
- Caring friendships
- Respectful relationships
- Mental wellbeing
- Health and physical fitness
- Basic first aid
- Healthy eating
- Drugs alcohol and tobacco
- Internet safety and online relationships

What are we using to teach PSHE and RSE?



What does family mean?



What does the Church of England say?

If any school is not educating pupils to understand the rights of all people to live freely within their sexual orientation or gender identity without discrimination they would be failing in their duty to prepare their pupils to live in modern Britain.

The protected characteristics



What drives our curriculum...

“The hallmark of authentic, life-giving relationships is recognition of the sacredness of the other so that all are welcomed wholeheartedly and with reverence. Each person in all their unique difference should be able to thrive, irrespective of physical appearance, gender, race, religion, ethnicity, socio-economic background, academic ability, disability, sexual orientation or gender identity.”

(Valuing All God’s Children, Church of England 2017 p11)

Summary

The curriculum will help children to:

- Flourish
- Live and learn safely in the modern world
- Gain the knowledge, skills and confidence to make their own positive, healthy and safe choices
- Develop their own values, attitudes and opinions
- Care for themselves
- Develop resilience, bounce back
- Get help if they need it
- RESPECT themselves and others